#### Short CV

Stefanidou Spiridoula RN, MSc, PhD candidate

Appointment: Lecturer

Sector: Fundamentals of Nursing and Primary Health Care Nursing

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### **Academic Qualifications**

2008-Master of Science in: "Health Promotion & Health Education", from Medical School of National & Kapodistrian University of Athens.

2001-Diploma in "Counseling and Guidance", from Athens

S.E.L.E.T.E./P.A.T.E.S.(now A.S.P.A.I.T.E.).

1998-Specialty Diploma in "Surgical Nursing", from Evangelismos Hospital in Athens.

1994- Diploma in "Educational Studies", from Athens S.E.L.E.T.E./P.A.T.E.S.(now A.S.P.A.I.T.E.).

1991- Diploma in "Nursing Studies", from Nursing Department of National & Kapodistrian University of Athens.

1984- Diploma in "Nursing Studies", from Superior School of Evangelismos Hospital in Athens.

#### **Research Interests**

2009/2008: Participation in writing of the "Clinical Education Guide in Community Nursing for second & seventh Semester Students", Babatsikou F. - Gerogianni G. - Stefanidou S.

1994 until now: Collaboration with pre-graduated students as a proposer in writing their Diploma work.

1993/1990: Participation in teaching the Educational Nursing Programs of Evangelismos Hospital in Athens.

## **Teaching Areas**

Primary Health Care and Community Nursing (clinical education & laboratory) at First Sector Lessons (person and family care).

# **Selected Publications**

2013: "Depression in non-Psychiatric patients", Polikandrioti M. – Stefanidou S., To Vima toy Asklipiou: Volume 12, Issue 4 (October-December 2013).

2012: "The necessity to inform in-patient persons", Stefanidou S. – Gerogianni G., Surgical Nursing 2012;1(1):15-2.

2011: "A nutriment program – interventions at office employees", Stefanidou S. – Babatsikou F. –Koutis Ch. – Croustalli H., Review Clinical Pharmacology & Drug kinetics 29:21-30, Medicine Press.

## **Other Activities**

Foreigner Language: English.

- -Member of the Hellenic Nurses Association / Community and Education Department.
- -Member of the Hellenic Union Nurses.
- -Participant member in the committees of Nursing Department.