

CURRICULUM VITAE

Efthymios Kakouros

Psychologist

E-mail: info@arsi.gr, makis@teiath.gr

CURRENT STATUS

Technological Educational Institution of Athens, Department of Preschool Education

- Professor of Psychology

Psychological Center of Developmental and Learning Disabilities “ARSI”

- Psychologist, General Director

EDUCATION

Lorand Eotvos University, Budapest Department of Psychology 1980

- M.A. in Psychology

Lorand Eotvos University, Budapest Department of Psychology 1982

- PhD in Psychology

“The Relationship Between Personality Characteristics and Attitude Change”

PROFESSIONAL EXPERIENCE

Psychological Center of Developmental and Learning Disabilities “ARSI”

Address: Mistriou 4, Athens 112 55

1990-to date

Tel.: 201-2234785 & 210-2282544

Website: www.arsi.gr

Job title: Psychologist

Position: General Director

Duties:

- Psychological assessment, diagnosis and treatment of children with developmental disabilities, mainly Attention Deficit / Hyperactivity Disorders and Autistic Spectrum Disorders
- Administration of psychometric and other psychological tests
- Treatment
- Counselling of parents and teachers
- Supervision
- Training

PIKPA Children’s Rehabilitation Institute

1983 -1995

Address: Tsocha, 5, Athens

Job title: Psychologist

Duties:

- Identification and assessment of children with developmental disabilities
- Counselling of parents and teachers
- Organisation of educational seminars

M A J O R R E S E A R C H I N T E R E S T S

The areas of my research interests are in Developmental Psychopathology, with a particular interest in ADHD and Autistic Spectrum Disorder, domains with which I am best acquainted through my clinical experience. My theoretical framework is based mainly on the Behavioral-Cognitive and Developmental-Systems Perspective.

T E A C H I N G E X P E R I E N C E**Technological Educational Institution of Athens, Department of Preschool Education**

Address: 65, Demokratias Av., Ilion 131 22, Athens, Greece

Tel.: +30-210-5378094

Scientific Collaborator 1986 -1995

Professor of Psychology 1995 -to date

- Lectures on developmental psychology and psychopathology
- Supervision of dissertations
- Administrative work
- Head of the Department (2000 – 2006 & 2013 – to date))

**S E L E C T E D I N T E R N A T I O N A L
P U B L I C A T I O N S**

1. Papaeliou Christina F., Maniadaki Katerina and **Kakouros Efthymios (2015)**. Association between story recall and other language abilities in school children with ADHD. *Journal of Attention Disorders*, Vol. 19 (1) 53-62.
2. Maniadaki, K. & **Kakouros, E. (2011)**. Attention problems and learning disabilities in young offenders in detention in Greece. *Psychology*, Vol. 2, No.1, pp 53-59
3. Maniadaki, K. & **Kakouros, E. (2008)**. Social profiles and mental health problems of young offenders in detention in Greece. *Criminal Behaviour and Mental Health*, 18 (4), 207-215.
4. Maniadaki, K., Sonuga-Barke, E., **Kakouros, E.**, & Karaba, R. (2007). Parental beliefs about the nature of AD/HD behaviours and their relationship to referral intentions in preschool children. *Child: Care, Health and Development*, 33 (2), 188-195.
5. Maniadaki, K., Sonuga-Barke, E., **Kakouros, E.**, & Karaba, R. (2006). AD/HD symptoms and conduct problems: Similarities and differences in maternal perceptions. *Journal of Child and Family Studies*, 15 (4), 460-474.
6. Maniadaki, K., Sonuga-Barke, E., & **Kakouros, E. (2006)**. Adults's self-efficacy beliefs and referral attitudes for boys and girls with AD/HD. *European Child and Adolescent Psychiatry*, 15 (3), 132-140.
7. Maniadaki, K., Sonuga-Barke, E., & **Kakouros, E. (2005)**. Parents' causal attributions about Attention Deficit / Hyperactivity Disorder: the effect of child and parent sex. *Child: Care, Health and Development*, 31 (3), 331-340.

8. Maniadaki, K., Sonuga-Barke, E., **Kakouros, E.**, & Karaba, R. (2005). Maternal emotions and self-efficacy beliefs in relation to boys and girls with AD/HD. *Child Psychiatry and Human Development*, 35 (3), 245-263.
9. **Kakouros, E.**, Maniadaki, K., & Karaba, R. (2005). The relationship between Attention Deficit / Hyperactivity Disorder and aggressive behaviour in preschool boys and girls. *Early Child Development and Care*, 175 (3), 203-214.
10. **Kakouros, E.**, Maniadaki, K., & Papaeliou, Ch. (2004). How Greek teachers perceive school functioning of pupils with ADHD. *Emotional and Behavioural Difficulties*, 9 (1), 41-53.
11. Maniadaki, K., Sonuga-Barke, E., & **Kakouros, E.** (2003). Trainee nursery teachers' perceptions of disruptive behaviour disorders; the effect of sex of child on judgements of typicality and severity. *Child: Care, Health and Development*, 29, 6, 433-440.
12. **Kakouros, E.**, Tzima - Tsitsika, E., Tsitsika, A., & Balourdos, D. (1996). Children referred to a diagnostic - consulting center with special reference to Specific Learning Disorder. *World Pediatrics and Child Care*, 6, 44 – 49.

B O O K S

1. **Kakouros, E.**, & Maniadaki, K. (Ed.) (2012). Attention Deficit Hyperactivity Disorder – Theoretical approaches and treatment. Athens: Gutenberg Publishers. [in Greek]
2. Maniadaki, K., **Kakouros, E.**, & Karaba, R. (2010). *Psychopathology in juvenile delinquents*. New York: Nova Publishers.
3. **Kakouros, E.**, & Maniadaki, K. (2006). *Stuttering. Its nature and treatment in children and adolescents*. Athens: Tipothito. [in Greek]
4. **Kakouros, E.**, & Maniadaki, K. (2002). *Psychopathology in children and adolescents*. Athens: Tipothito. [in Greek]
5. **Kakouros, E.**, & Maniadaki, K. (2000). *Attention Deficit Hyperactivity Disorder*. Athens: Ellinika Grammata. [in Greek]
6. **Kakouros, E.** (Ed.) (2001). *The hyperactive child and its difficulties in learning and behaviour*. Athens: Ellinika Grammata. [in Greek]

C H A P T E R S I N B O O K S

1. Maniadaki, K., **Kakouros, E.**, & Karaba, R. (2009). Juvenile delinquency and mental health. In. A. Kakanowski & M. Narusevich (Eds), *Handbook of Social Justice* (pp.1-44), New York: Nova Publishers.
2. Maniadaki, K., **Kakouros, E.** (2008). Gender differences in developmental psychopathology. The case of Attention Deficit Hyperactivity Disorder. In. I. Kourkoutas & J.P. Chartier (Eds.) *Children and adolescents with psychosocial and learning disorders* (pp. 267-286). Athens: Topos. [in Greek]
3. Kakouros, E. (2001). The outcome of ADHD. In. E. Kakouros (Ed.) *The hyperactive child and its difficulties in learning and behaviour* (pp. 122-134). Athens: Ellinika Grammata. [in Greek]
4. **Kakouros, E.** (1997). Psychological Problems of Adolescents. In G. Maraggos (Ed.). *Adolescents Medicine* (pp. 302-310). Litsas Medical Publications, Athens. . [in Greek]

INTERNATIONAL PRESENTATIONS

1. Papaeliou, C., Maniadaki, K. & **Kakouros, E.** (2014, July 14-18). Narrative comprehension in children with ASD and ADHD. *Poster presentation at 13th International Congress for the Study of Child Language*. Amsterdam, The Netherlands
2. Maniadaki, K. & Kakouros, E. (2011, May, 5-7). Treatment of speech problems in children with ADHD as a preventive measure of learning difficulties. Oral presentation at the 6th European Congress on Psychopathology in Childhood and Adolescence, Bologna, Italy, Book of abstracts, p. 44.
3. Kakouros, E., Maniadaki, K. & Toptoglou, R. (2011, May, 5-7). Early identification of ADHD and learning difficulties at primary school. Poster presentation at the 6th European Congress on Psychopathology in Childhood and Adolescence, Bologna, Italy, Book of abstracts p. 514.
4. Maniadaki, K., & **Kakouros, E.**, (2010, July). *Bullying behaviours among schoolchildren in Greece*. Oral presentation at the 3rd International Congress on Interpersonal Acceptance and Rejection, Padova, Italy, *Book of Abstracts*, p. 44.
5. **Kakouros, E.**, & Maniadaki, K. (2010, July). *The relationship between bullying behaviours among preschoolers and early signs of Attention Deficit / Hyperactivity Disorder*. Poster presentation at the 3rd International Congress on Interpersonal Acceptance and Rejection, Padova, Italy, *Book of Abstracts*, p. 66.
6. Maniadaki, K., **Kakouros, E.**, Christodoulea, S., & Roidou, F. (2010, May). *Psychosocial profiles and self-perception of juveniles in detention in Greece*. Poster presentation at the 12th Biennial Conference of the European Association for Research on Adolescence, Vilnius, Lithuania.
7. Maniadaki, K., & **Kakouros, E.**, (2009, July). Parental perceptions regarding Attention Deficit / Hyperactivity Disorder and professional help-seeking. Oral presentation at the 11th European Congress of Psychology, Oslo, Norway, *CD of Abstracts*, p. 23.
8. **Kakouros, E.**, Maniadaki, K., Karaba, R., & Toptoglou, R. (2009, July). Teasing behaviours at preschool age: Does it matter? Poster presentation at the 11th European Congress of Psychology, Oslo, Norway, *CD of Abstracts*, p. 211.
9. Maniadaki, K., & **Kakouros, E.**, (2008, July). Investigation of learning disabilities in a sample of male juvenile offenders in Greece. Poster presentation at the 30th International School Psychology Association (ISPA) Conference, Utrecht, The Netherlands, *Book of Abstracts*, p. 30.
10. **Kakouros, E.**, & Maniadaki, K. (2008, July). Treating a child with Attention Deficit / Hyperactivity Disorder in the classroom. Oral presentation at the 30th International School Psychology Association (ISPA) Conference, Utrecht, The Netherlands, *Book of Abstracts*, p. 118.
11. **Kakouros, E.**, & Maniadaki, K. (2007, September). Signs of psychopathology among juvenile offenders in Greek prisons for minors. Oral presentation at the 1st European Conference on Social, Emotional and Behaviour Competences and Difficulties in Children and Young Persons, Malta, *Book of Abstracts*, p. 54.
12. Zournatzis, E., Karaba, R., **Kakouros, E.**, & Maniadaki, K. (2007, July). Parental causal attributions and self-efficacy beliefs regarding the behaviour of children with Attention Deficit / Hyperactivity Disorder. Oral presentation at the 5th World

13. **Kakouros, E.**, & Maniadaki, K. (2007, May). Proposal of a new theoretical model for the pathogenesis and the treatment of stuttering. Oral presentation at the 8th World Congress for People Who Stutter, Dubrovnik, Croatia, *Book of Abstracts*, p. 21.
14. **Kakouros, E.**, & Maniadaki, K. (2006, September). Classification and treatment of anxiety and other disorders as 'disorders of perceptions'. Oral presentation accepted at the 36th Annual Congress of the European Association for Behavioural & Cognitive Therapies, Paris, France, *CD of Abstracts*, file://D:\Public\Page2.htm.
15. **Kakouros, E.**, Maniadaki, K., & Karaba, R. (2006, September). The development of childhood obesity through dysfunctional parental attitudes. Oral presentation at the 12th European Meeting of the International Association for Adolescent Health, Athens, Greece, *Book of Abstracts*, p 45.
16. **Kakouros, E.**, & Maniadaki, K. (2006, July). Is stuttering a case of anxiety disorders? Oral presentation at the 27th International Conference of the Stress and Anxiety Research Society, Rethymnon, Greece, *Book of Abstracts*, p. 138.
17. Maniadaki, K., **Kakouros, E.**, Karaba, R., & Athanassopoulou, A. (2006, July). Behavioural difficulties and learning disabilities among children looked after in institutions in Greece. Oral presentation at the 26th International Congress of Applied Psychology, Athens, Greece, *CD of Abstracts*.
18. **Kakouros, E.**, & Maniadaki, K. (2005, September). Attention problems and false beliefs as underlying etiological mechanisms of stuttering. Oral presentation at the 35th Annual Congress of the European Association for Behavioural & Cognitive Therapies, Thessaloniki, Greece, *Book of Abstracts*, p. 189-190.
19. **Kakouros, E.**, Papaeliou, Ch., & Karaba, R. (2005, August). Relations between AD/HD and emergent literacy skills: implications for early identification and intervention in reading disability. Oral presentation at the 12th European Conference on Developmental Psychology, Tenerife, Spain. *CD of Abstracts*, file:// J3-C6-PA124.
20. **Kakouros, E.**, Zournatzis, E., & Papaeliou, Ch. (2005, July). Parental perceptions about ADHD: Do they help school psychologists? Oral presentation at the 27th International School Psychology Association Colloquium 2005, Athens, Greece, *Book of Abstracts*, p. 189-190.
21. **Kakouros, E.** (2005, July). Organizer and discussant of the symposium entitled "The multi-level approach in the diagnosis and treatment of Attention Deficit / Hyperactivity Disorder (AD/HD)" presented at the 27th International School Psychology Association Colloquium, Athens, Greece, *Book of Abstracts*, p. 13-16.
22. Maniadaki, K., & **Kakouros, E.** (2005, September). The use of the Strengths and Difficulties Questionnaire (SDQ) as a screening instrument for behaviour problems in preschoolers. Poster presentation at the 35th Annual Congress of the European Association for Behavioural & Cognitive Therapies, Thessaloniki, Greece, *Book of Abstracts*, p. 208.
23. Maniadaki, K., Karaba, R., **Kakouros, E.**, & Badikian, M. (2005, July). The influence of having a preschool child with AD/HD on parental perceptions about the nature of AD/HD symptoms. Oral presentation at the 9th European Congress of Psychology, Granada, Spain, *CD of Abstracts*, file://J:\files\1697.html.
24. **Kakouros, E.** (2004, December). Organizer and discussant of the symposium entitled "Deficiencies of the current classification systems of mental disorders:

The case of Attention Deficit / Hyperactivity Disorder (AD/HD)” presented at the 1st International Conference of PSEVE, Thessaloniki, Greece, *Book of Abstracts*, p. 196-197.

25. Papaeliou, C., Badikian, M., & **Kakouros, E.** (2004, December). How teachers perceive their role in the treatment of Attention Deficit / Hyperactivity Disorder. Oral presentation at the 1st International Conference of the Psychological Society of Northern Greece, Thessaloniki, Greece, *Book of Abstracts*, p. 84.
26. Maniadaki, K., & **Kakouros, E.** (2004, November). Adults’ perceptions of Attention Deficit / Hyperactivity Disorder and possible effects on prevalence rates in boys and girls. Poster presentation at the World Psychiatric Association International Congress, Florence, Italy, *World Psychiatry*, 3 (Suppl. 1), p. 298-299.
27. Maniadaki, K., **Kakouros, E.**, & Karaba, R. (2004, September). A comparison of parental attributions about child hyperactivity and conduct problems: Implications for treatment. Oral presentation at the 34th Annual Congress of the European Association for Behavioural & Cognitive Therapies, Manchester, UK, *Book of Abstracts*, p. 122.
28. **Kakouros, E.**, Karaba, R., & Maniadaki, K. (2004, September). Aggressive behaviour in preschool boys and girls: Different rearing practices or result of AD/HD? Oral presentation at the 34th Annual Congress of the European Association for Behavioural & Cognitive Therapies, Manchester, UK, *Book of Abstracts*, p. 123.
29. Maniadaki, K., & **Kakouros, E.** (2004, August). Preschoolers with AD/HD in the community: Do their parents perceive AD/HD symptoms as abnormal behaviours? Oral presentation at the 16th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Disciplines, Berlin, Germany, *Book of Abstracts*, p. 219.
30. Maniadaki, K., Karaba, R., & **Kakouros, E.** (2004, July). Sex differences in the prevalence of ADHD: proposal of a theoretical model. Poster presentation at the 18th Biennial Meeting of the International Society for the Study of Behavioural Development, Ghent, Belgium, *Book of Abstracts*, p. 335-336.
31. **Kakouros, E.**, & Maniadaki, K. (2004, April). Thoughts about the diagnosis of ADHD. Oral presentation at the 7th European Conference on Psychological Assessment. Malaga, Spain, *Book of Abstracts*, p. 100.
32. Maniadaki, K., & **Kakouros, E.** (2003, September). Mothers versus nursery teachers: How competent do they feel toward ADHD children? Oral presentation within the symposium entitled “Attention Deficit / Hyperactivity Disorder: Problems in children” at the 33rd Annual Congress of the European Association for Behavioural & Cognitive Therapies, Prague, Czech Republic, *Psychiatrie* (Suppl. 4), p.28.
33. **Kakouros, E.**, & Maniadaki, K. (2003, September). The effect of causal attributions of child disruptive behaviour on parental reactions and advice seeking. Oral presentation at the 33rd Annual Congress of the European Association for Behavioural & Cognitive Therapies, Prague, Czech Republic, *Psychiatrie* (Suppl. 4), p.95.
34. Maniadaki, K., Karaba, R., & **Kakouros, E.** (2003, August). Maternal emotional reactions and sense of self-efficacy towards hyperactive children. Oral presentation at the 11th European Conference on Developmental Psychology, Milan, Italy, *Book of Abstracts*, p. 337.
35. Papaeliou, C., Tsaousis, I., **Kakouros, E.**, & Karaba, R. (2003, August). Normal and delayed language development in Greek – speaking toddlers. Oral

presentation at the 11th European Conference on Developmental Psychology, Milan, Italy, *Book of Abstracts*, p. 361.

36. Maniadaki, K., & **Kakouros, E.** (2003, August). The impact of educators' sense of self-efficacy on their perceptions of child hyperactive behaviour. Oral presentation at the 22nd International Human Science Research Conference, Stockholm, Sweden, *Book of Abstracts*, p. 37.
37. **Kakouros, E.**, & Maniadaki, K. (2003, August). Explaining the mechanism of female vulnerability to internalising disorders. Oral presentation at the 22nd International Human Science Research Conference, Stockholm, Sweden, *Book of Abstracts*, p. 33.
38. Maniadaki, K., Sonuga-Barke, E., & **Kakouros, E.**, & (2002, June). Parental attributions about potential causes of Disruptive Behavior Disorders in boys and girls. Oral presentation at the 21st International Human Science Research Conference, Victoria, Canada, *Book of Abstracts*, p. 58.
39. **Kakouros, E.**, Maniadaki, K., Sonuga-Barke, E., & Daley, D. (2002, June). How do parents believe that disruptive behavior must be treated in children? The effect of the parent's and the child's sex. Oral presentation at the 21st International Human Science Research Conference, Victoria, Canada, *Book of Abstracts*, p. 47.
40. Maniadaki, K., Sonuga-Barke, E., & **Kakouros, E.** (2001, August). Social attributions for externalising behaviour patterns in boys and girls. Oral presentation at the 20th International Human Science Research Conference, Tokyo, Japan, *Book of Abstracts*, p. 92.
41. **Kakouros, E.**, & Maniadaki, K. (2001, August). Childhood obesity and its relationship with maternal perceptions and familial practices about nutrition. Oral presentation at the 20th International Human Science Research Conference, Tokyo, Japan, *Book of Abstracts*, p. 46.
42. **Kakouros, E.**, Maniadaki, K., & Lalioti, E. (1999, September). The evolution of the ADHD child from the nursery to primary school. Oral presentation at the IXth European Conference on Developmental Psychology, Island of Spetses, *Book of Abstracts*, p. 414.
43. **Kakouros, E.**, & Maniadaki, K. (1998, March). The effects of ADHD on children's academic achievement and behaviour. Oral presentation at the International Conference on Developmental / Intellectual Disabilities, Larnaka, Cyprus, *Book of Abstracts*, p. 134-135.
44. **Kakouros, E.**, Tzima-Tsitsika, E, Melista, G., Tsitsika, A., Papanikolaou, K., & Balourdos, D. (1996, October). Adolescent outcome of children with specific learning disorders. Oral presentation at the 10th World Congress of the International College of Pediatrics and Child Care, Athens, Greece, *Book of Abstracts*, p. 180.
45. **Kakouros, E.** (1996, October). Adolescents with specific learning disorders. Presentation at the 10th World Congress of the International College of Pediatrics and Child Care, Athens, Greece, *Book of Abstracts*, p. 36.
46. Tsitsika, A., Petrikkos, G., Dellis, D., **Kakouros, E.**, & Giamarellou, H. (1996, October). Case history of adolescent with psychogenic pain disorder. Presentation at the 10th World Congress of the International College of Pediatrics and Child Care, Athens, Greece, *Book of Abstracts*, p. 161.
47. **Kakouros, E.**, & Tzima-Tsitsika, E. (1995, July). Children referred to a diagnostic – consulting center in Piraeus, Greece. An investigation of their problems. Oral presentation at the 9th World Congress of Pediatrics and Child Care. London, UK, *Book of Abstracts*, p. 162.

48. Askouni, A., **Kakouros, E.**, & Balourdos, D. (1995, July). Children in foster families in Greece: Current Status and Prospects. Oral presentation at the 9th World Congress of Pediatrics and Child Care. London, UK, *Book of Abstracts*, p. 51.
-

C I T A T I O N S

154 citations for 10 international publications (found in Scopus)

523 citations for Greek publications and books

A S S O C I A T I O N M E M B E R S H I P S

Hellenic Psychological Society

Association for Child Psychology and Psychiatry (A.C.P.P.)

American Psychological Association (A.P.A.)

Q U A L I F I C A T I O N S

- Proficient at the use of the English language
- Proficient at the use of the Hungarian language
- Proficient at the use of Windows 8 (Office package), Internet and of SPSS 18